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Carson soldiers travel to Arkansas for annual training

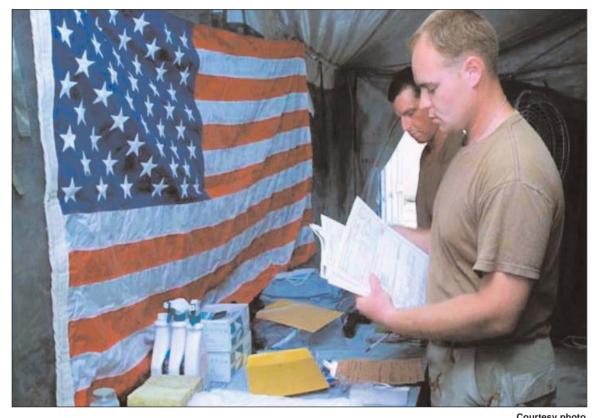
by Sgt. Roy Gomez 14th Public Affairs Detachment

Fort Chaffee, Ark. — With only two weeks to train, the Arkansas National Guard's 39th Separate Infantry Brigade Enhanced soldiers are taking advantage of every day to hone their fighting skills and improve their combat readiness. Soldiers from the 39th SIBE's controlling headquarters, the 7th Infantry Division, are also taking part in the two-week exercise that is anticipated to be more difficult than any of the unit's previous annual training missions.

"We expect this one (annual training) to be more challenging, both physically and mentally, mainly because we have a lot more opposing forces out there (training area) and other important factors that we have to deal with," said Brig. Gen. Ronald S. Chastain, 39th SIBE commander.

To accomplish its mission, the brigade soldiers must protect the people and government of "Cortina," a fictitious country set up to mirror a real-world environment, which are threatened by rebellious soldiers. Besides concentrating on defeating the enemy, 39th SIBE soldiers must also deal with civilians and media on the battlefield, people who help simulate "a real-world mission that this brigade can be put into," said Chastain.

See Training, Page 4



Taking care of the fallen ...

Mortuary affairs specialists from 54th Mortuary Affairs Company from Fort Lee, Va., attached to Fort Carson's 43rd Area Support Group prepare and process the personal effects of a fallen soldier to be sent home to the soldier's family.

Caution advised for parents, pet owners



Graphic illustration by Pvt. Aimee J. Felix

Car temperatures can rise dangerously, exposing a child to potential heat injuries.

by Pvt. Aimee J. Felix Mountaineer staff

In Colorado, it is illegal to "injure" a rock. In some cities, it is illegal to smoke anywhere but in one's home and, in Boulder, the city banned placing couches on outside porches but as for leaving children and pets unattended in a vehicle, Colorado leaves that to an individual's discretion.

According to Jenny James, safety specialist here, a minute is all it takes for a child to become ill from heat or car fumes. Temperatures inside a car can rise to deadly extremes within 10 minutes, which can potentially provoke heat stroke.

According to a SAFEKIDS survey held in 2000, out of 700 people surveyed nationwide, 10 percent of all parents said they thought it was acceptable for young children to be left in a car unattended. Among young parents ages to 18 to 24, that figure doubles.

Fort Carson, not leaving room for such indiscretions, has a home-alone policy. The policy, which applies to vehicles as well, states that children under the age of 10 are not to be left unattended for an inappropriate amount of time, said Faye Wilburn, outreach services director, Child and Youth Services.

New Fort Carson parents are instructed to go to building 1510, the central registration office and pick up a copy of the home-alone policy, said Wilburn.

See Children, Page 4

INSIDE THE MOUTAINEER

Opinion/Editorial

Riding with safety gear. Page 2

FRGs helping deployed soldiers. Page 5

Community

Motorcycle safety. Page 11

Youth baseball begins. Page 19

Feature



Amy-Jayne McCabe, rising country star, rocks Fort Carson

See Page 16 and 17.



Visitors learn about life in another time at Rock Ledge Ranch historic

Post Weather Hotline 526-0096

See Page 25.

Early deadline

June 27 is the deadline for submissions for the July 2 edition of the Mountaineer. The publication date is early because of the training holiday.

Riding, safety should go hand-in-hand

Commentary by Spc. Chris Smith 14th Public Affairs Detachment

I started riding motorcycles when I was 17. I started riding because I had caused too many accidents in my car, which hiked up my insurance rates, but thank God for the great state of Florida where they've decided motorcyclists don't need to carry insurance. I suppose their logic went something like this, "How much damage can a bike cause anyway? It's too small."

Obviously they didn't think that through. I remember one year at Bike Week in Daytona, Fla., I was riding back to the campground when an accident held me up. By the time I got to where I could see what was going on, the ambulances were gone and the only thing left was a mangled mass of metal being pulled onto a flatbed. The car was easy to distinguish but the thing catching my eye was the motorcycle impaled through it.

About 66 percent of the time when motorcycles and cars collide it's the fault of the driver of the car. But, judging by the fact the motorcycle had speared its way completely through the vehicle, I'd say it was most likely the biker's fault, as a bike won't do that at 35 mph, which the speedlimit sign called for.

OK, I know I'm not a perfect rider, but I am still alive. Somehow, God has smiled on me in the several times I've been down, and I've suffered only one serious injury.

My last wreck was the worst one. I was doing about 35 mph and making a left turn onto an interstate on-ramp when the freshly-fallen rain sent my back wheel spinning to my right. Before I knew it, my bike was sliding sideways up the ramp, yet still upright. That would cause most people to freak out, but I thought I had it saved when the wheel caught traction causing what is known as a "high side." Basically, it flipped the bike and sent me sliding on my face and left side with a 400-pound

guest on my right leg.

I was lucky, my ankle was gouged to the bone, but not a scratch otherwise. If I had been wearing

a full boot instead of sneakers, I would have only sprained my ankle. Other than that mistake, I was wearing a leather jacket, gloves, helmet and pants when I went down. The reason I mention this is simple — safety gear is important; it's the reason that was the only injury I've ever had.

Example one: If I hadn't been wearing a full-face helmet at the time, my face smacking off the pavement would have sent me straight to a plastic sur-

Example two: If I had been wearing a T-shirt, skin grafts would've been needed for the majority of my upper body, as most of my skin would have been left on the pavement.

It may sound like I'm exaggerating, but I'm not. According to Motorcycle Safety Foundation statistics, the median crash speed

for motorcycles is 21.5 mph; only one in a thousand crashes happen at about 86 mph. This is important because 96 percent of motorcycle accidents result in injury, of which 45 percent are minor, that means 55 percent of injuries are serious and happen when a rider is going an average speed of just 21.5 mph.

It doesn't seem fast, but it is. When I smacked the pavement at about 35 mph, the impact alone knocked the wind out of me, then I had a 400pound hunk of searing-hot metal that slammed

down on top of me.

Top 10 safety tips

2. Perform safety checks

3. Wear proper safety

4. Don't ride outside of

6. Remember, the driver

7. Realize, you have less

9. Never ride intoxicated

traction than a car

10. Yield — a car will

of the car probably does-

5. Obey traffic laws

1. Get educated

prior to riding

equipment

n't see you

8. Stay hydrated

always win

abilities

One other thing helped better my odds, rider education. MSF statistics prove riders with educa-

> tion go down less, ride smarter and when they do go down, have fewer injuries than uneducated riders.

My bike has long been sold, but I still tell people that rider education is the best way to go if you want to learn how to ride a motorcycle. Another statistic to process, 92 percent of riders involved in accidents are selftaught or learn from family and friends.

The best way to learn is a MSF Beginner's Course. The local Pikes Peak Harley Davidson Dealership offers a five-day course at \$295. The course provides motorcycles, helmets and learning materials. At the end of the course an endorsement is given which can then be taken to the Department of Motor Vehicles where the normal test will be waived and the rider can receive his or her

motorcycle license.

After learning to ride, the Fort Carson Safety Office, at 526-2078, also offers an advanced safety course which is required for on-post riding.

This is by far the best way to go. Just think about it; learning is a lot like protective gear for your mind. If you've been taught what to do in an emergency, you're going to be more likely to do it in the typical two seconds a rider has to react before an accident, instead of impaling yourself through a car and, possibly, the family inside.

Sound off!

What's the most important safety consideration for motorcyclists?



"Always wearing a helmet and proper safety gear."

1st Sgt. Robert Logan, 19th SFG



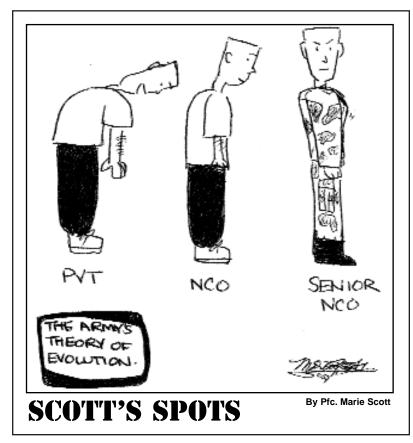
"Wear a helmet and drive defensively, because of yahoos on the road."

Staff Sgt. Todd Siebeneck, 19th SFG



"100 percent observation all the way around."

James Adams, Chief, G-3 IMU



MOUNTAINEER

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News

Web site helps in emergency contacts

by Staff Sgt. Marcia Triggs Army News Service

WASHINGTON — The Army's Civilian Personnel office has designed a Web site to prevent the woeful scenario of not knowing who to contact if one of its employees is injured or dies while on duty.

The site was operational March 2002. However, more than two-thirds of the 230,000 Army appropriated and nonappropriated-fund civilians have not updated their emergency contact data at the site, www.cpol.army.mil.

"I'm sure if more people knew what we saw after 9-11, when we started going through the process of providing data to the Casualty Assistance Office, they would make sure that their information was correct," said Patricia Nabinett, a personnel management specialist at the U.S. Total Army Personnel Command.

The information provided to the site would be used to notify family or friends in the case of an emergency or death.

Nabinett designed the site to provide an automated method of accessing employees' emergency contact information. After Sept. 11, 2001, Nabinett said they discovered that the data for many employees was missing or outdated. There was not one system that held everyone's personal information, she said. Some managers had hard copies and there was not a standard way to extract that

type of information, she added.

This Web site has been an innovative process for the Army, said Taiwanna Smith, a personnel management specialist with PERSCOM.

"The Air Force is interested in duplicating our system and is looking to us for help with trying to improve its notification system," Smith said.

"We've tried to make the process of updating the required information as simple as possible," Nabinett said. "We're not asking for data that we already have, such as Social Security numbers and birthdays."

After accessing the CPOL site, individuals can click on the "emergency contact data" tab to register and set up a password. Once a password is established, employees can go to the form and fill out the name, relationship, address and phone number of their designated contact person.

"It's crucial that we have the information," Smith said. "Before we can determine what benefits or entitlements the spouse or designated beneficiary gets, we have to notify that designated person."

It can take up to several weeks for ACP to find family members or friends after a tragedy, and that increases the chances that the victims' loved ones could find out about the death through other channels, Nabinett said.

The emergency contact person for civilians does not have to be a relative, Nabinett said. However, it's different for soldiers, whose contact must be the next of kin.

Soldiers are also required to keep Department of Defense Form 93, Record of Emergency Data, updated in their personnel files. Before any major deployment, part of the outgoing process is to have soldiers review their DD Form 93 and their Servicemembers' Group Life Insurance form.

Most Personnel Support Battalion's proactively get soldiers to review their forms during peacetime. But on one occasion, a PERSCOM official said, a soldier died in Germany, and the address for his next of kin was a post office box.

For anyone who isn't sure about who's listed on his SGLI or on DD Form 93, just walk into any PSB — it's a simple process that can be done on a walk-in basis, said Sgt. Ricardo Rodriguez, a records noncommissioned officer for the Military Personnel Center in Arlington, Va.

Most people have the wrong perception of who their next of kin is, and another misperception is when changes can be made to the SGLI, Rodriguez said.

"The name on the emergency data form has to be someone of relationship to you, not a fiancé," Rodriguez said. "Also at any time changes can be made to the SGLI. The process for getting a divorce may take up to several months, but soldiers don't have to wait until it's final to change the name of their beneficiary."

Training

From Page 1

The brigade will also face a similar situation at the Joint Readiness Training Center in Fort Polk, La., during next year's annual training.

While incorporating everything that can happen in a real-world mission and next year's JRTC rotation, brigade leaders are doing everything they can to keep everyone involved in training safe during the training.

"We want to make the training as realistic as possible, but we also want to be safe and that was our number one priority when planning this year's training and it continues to be our number one priority," said Chastain. "We know our soldiers are just too valuable to get hurt out here."

In addition to being prepared for a worsecase scenario, observers and controllers from the U.S. Army Reserve 2nd Battalion, 75th Infantry Division, will help guide the brigade through its training in addition to minimizing the danger.

On top of the planning and preparation,

the 39th SIBE is also receiving additional help from 7th Inf. Div. soldiers. Bringing everything they needed to Fort Chaffee like tactical vehicles, communications and a division tactical operations center to control the battlefield, the role of the 7th Inf. Div. soldiers is making sure the brigade's training scenario is as realistic as possible as well as providing them guidance.

"It is very instrumental that we are here because we are the brigade's controlling head-quarters and it gives us the opportunity to see them train," said Sgt. Maj. Robert Harn, G-3 sergeant major, 7th Infantry Division. "(By being here) we can also mentor and assist them for their upcoming JRTC rotation."

After the end of training exercise June 25, soldiers from the 39th SIBE will leave Fort Chaffee, take off their battle-dress uniforms, scrub the camouflage off their faces and return to their civilian lives. With the training and guidance they receive during their 14 days of training, they are hoping to be better prepared to accomplish their mission the next time they strap on their boots, whether it's in JRTC or a remote part of the world.

Children

From Page 1

central registration office chaired the establishment of this policy. It was finalized by the Judge Advocate General and then signed by the post commanding general. The policy will be submitted to the new post CG for his signature.

The Trauma Foundation's KIDS'N CARS program on fatal injuries occurring across the country, reported that in 2002, there were 93 incidents of children being left unattended in or around vehicles. Of these 93 incidents, 23 children died.

Pets undergo the same risks if not worse. They, however, cannot cry for help. As far as being left unattended, they should be treated as small children would. Even if the window is slighly open, in the middle of winter, with available water, the heat from the sun here can quickly bring an animal to heat exhaustion, said Doris Hamm, a veterinary technician here. "It really shouldn't be done at all," said Hamm.

If pets are found unattended in a vehicle at Fort Carson, patrol officers will remove the animal from the vehicle and give the owner a 1408, which is a commander's action. Such action does not result in a fine but is reported to the individual's unit commander.

Kaitlyn's Law, the law against leaving children unattended in vehicles, has been established in only 12 states. The lack of a law should not be enough to handicap a person's wisdom. It is not against the law to leave lump sums of money exposed in a vehicle, but a person's logic would likely serve them right in such a situation. While Colorado is not one of the states that has adopted Kaitlyn's law, hopefully, its citizens will.

Military

FRG supports Carson Community

by Spc. Matt Millham 14th Public Affairs Detachment

The approach to gate 20 is practically saturated with yellow ribbons, a heartfelt plea for the safe return of Fort Carson's soldiers. Not that they want to toot their own horn, but it's 3rd Armored Cavalry Regiment's 2nd Squadron's Family Readiness Group that put them there.

"That's the epitome of 2nd Squadron," said Lynne Bourgeois, one of two FRG leaders for 2nd Squadron's Headquarters and Headquarters Troop.

With their husbands deployed, 2nd Squadron's FRG leadership, 15-women strong, meets at least once a week to organize and socialize. They've been responsible for too many care packages to count, numerous money-raising activities and helping families both in and out of 2nd Squadron cope with the deployment of their soldiers.

"They're not thinking this troop's going to do this and this troop's going to do this — they're thinking big picture," said Susan Green, 2nd Squadron's FRG leader and heart of the operation.

The most recent event these women coordinated was the Amy Jayne McCabe concert at the Special Events Center Saturday.

Judy Johnson, one of two FRG leaders for 2nd Squadron's Troop G, fell upon the opportunity to

bring McCabe to Fort Carson when she wrote an email inquiring about purchasing one of McCabe's albums through her Web site.

"(McCabe) called me the next morning, and we talked for like 20 minutes," said Johnson. "She volunteered to do a concert for all the families of deployed soldiers."

From there, like the FRG's projects always seem to do, the idea took off. It soon became a for-the-whole-family event with a bouncy castle, climbing wall and dunking booth for the kids and booths set up by nearly a dozen Fort Carson units' FRGs selling items ranging from jam to beer to fund future free events and efforts to help troops overseas.

"We're overwhelmed with stuff," said Lisa Meyer, one of 2nd Squadron's 43rd Engineering Company's two FRG leaders. "People just keep giving and giving. Women who have home-based businesses, whether it's Mary Kay or Tupperware, they donate it."

The visible efforts to help soldiers, such as the McCabe concert, represent only a fraction of the total effort put forth to help their deployed husbands and the single soldiers in those units.

"We don't want anyone falling through the cracks and getting lost," said Bourgeois.

To this end, they coordinate among themselves

and with their deployed husbands to get deployed troops what they need. They spend countless hours arranging to send packages to single and married soldiers in need.

What they offer in hard goods, morale and comfort to the soldiers serving overseas, they offer in equal measure to the families left behind.

Melissa Fleisher counts herself among the closer friends of Melissa Givens, wife of Pfc. Jesse Givens, the first Fort Carson soldier killed in Iraq. Fleisher was there when Givens had the couple's first child and has witnessed firsthand the deluge of donations to the family.

"(Givens) has enough baby stuff until the baby's two," said Fleisher.

"Everyone here has a big, caring heart," said Green.

And they are there for the good times as well. The FRG has been the catalyst of many friendships. A 3rd ACR association meeting, held just before the regiment deployed, is where some of the women met for the first time.

"That was the first night Judy and Sara met," said Green.

"Now we all know so many more people because

See FRG, Page 10



Hours of operation

Information, Tickets and Registration Office and the Outdoor Recreation Complex Information Desk have been combined in an effort to better serve customers. Hours of operation are Tuesday through Saturday, 10 a.m. to 5:30 p.m. For information, call 526-2083 or 526-5366.

For official travel services, Carlson-Wagonlit Travel, in building 1012 on Long Street, is open Monday through Friday from 7:30 a.m. to 4 p.m., and until 3 p.m. on training holidays.

Travelers are reminded to bring three copies of travel orders when picking up tickets for official travel. Soldiers and family members must have one original and one copy of their "travelopes" and three copies of each order, to include amendments, for overseas permanent changes of station. If you cannot pick up your tickets in person, you can fax a copy of orders to 526-1142 or 576-5262 for issuance of an e-ticket.

Please call 576-5188 to confirm

receipt of faxed orders. Tickets will not be issued without orders. If you do not use your ticket, you must bring it and two copies of your orders. If you were issued an e-ticket and did not travel, you still must bring in two copies of orders to process a refund for the unused ticket.

Legal Assistance hours —

Hours at the Legal Assistance are back to normal. Walk-ins to see attorneys are Mondays and Fridays only; sign in is at 12:30 p.m. on a first-come, first-served basis. Powers of Attorney and notaries are done on a walk-in basis 9 a.m. to 4 p.m., Mondays, Tuesdays, Wednesdays and Fridays and Thursdays from 1 to 3 p.m.

New CIF Hours

Effective immediately, individuals may conduct their business at Central Issue Facility (draw, turnin, direct exchange) during the following times:

Building 330: Mondays, Tuesdays, Wednesdays, Thursdays and Fridays from noon to 3 p.m.; Tuesdays 8 to 11 a.m.; Wednesdays 8 to 11 a.m.

Building 309 (desert items): Mondays, Tuesdays, Wednesdays, Thursdays and Fridays, 8 to 11 a.m. and noon to 3 p.m. There may be an occasional change to the hours if

there is a large unit mobilizing or demobilizing. The change will be put out through e-mail, mobilization meetings, command sergeant major channels and signs at CIF.

Turn-in of complete TA-50 (End of Time in Service, Permanent Change of Station) is by appointment; call 526-5512.

Bulk issue or turn-in of items by supply sergeants must still be done by appointment. Appointments should be made with Connie Thompson, CIF, at 524-2006.

Briefings

Special Forces briefings — Special Forces recruiting briefings are Wednesdays at 1:30 p.m. and Thursdays at 1:30 and 3:30 p.m. at the Grant Library for males in the

Thursdays at 1:30 and 3:30 p.m. at the Grant Library for males in the pay grades E-3 to E-7 with a general test score of 100 or higher and who are U.S. citizens.

ETS/Transition briefing schedule — In order for soldiers to receive their End of Time in Service orders, soldiers must attend an End of Term of Service briefing.
Soldiers may sign in at 7:15 a.m. and the briefing begins at 7:30 a.m. in building 1118, room 317.

For more information, call the Transition Center at 526-2240 or 526-4298.

The Commanding General's Newcomers' Brief is the third

Wednesday of each month, 1 to 3 p.m. at McMahon Theater.

Laundry Service

Post Laundry Service — The Post Laundry service provides free laundry and dry cleaning service to soldiers for government-owned property only. Items issued by the Central Issue Facility should be cleaned at the Post Laundry prior to turn in. Soldiers are reminded to allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment. The turn around for the service is 72 hours. No appointment is necessary. The Post Laundry will not clean personal items like BDUs, boots, tent pegs, canteens, entrenching tools or wetweather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits, Gortex, ruck sacks, coveralls, CVC jackets and most web equipment.

Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, excluding holidays. For more information, call 526-8806 or 526-8804.

Editor's note: The deadline for submitting "briefs" to the Mountaineer is 5 p.m. Friday before publication.

AFAP recomends Army Family Liaison officers

by Nancy A. Montville Army Family Action Plan Program Mananger

Fort Carson held its annual Army Family Action Plan Conference in November 2002. The Family Support, Volunteers and Employment workgroup prioritized establishing Total Army Family Liaison Officers as a top issue.

The scope of this issue stated that Army Command Policy, Army Regulation 600-20, paragraph 5-10, sub paragraph 7, establishes a requirement for a military Total Army Family Liaison Officer at all unit levels. The current 7th Infantry Division and Fort Carson Regulation, FC 608-47, does not address this requirement. The work group recommended the 7th ID, Fort Carson regulation 608-47, chapter 2-2, paragraph B needs to be amended to establish this position at all unit levels.

Judy Woolley, director, Army Community Service responded to this issue. She stated there are no regula-

tory restrictions that would prohibit the changing of 7th ID and Fort Carson Regulation 608-47 to include this requirement. The cited chapter defines responsibilities of the various agencies and individuals that are responsible for providing leadership and resource for the Family Readiness Group. This would be the appropriate chapter to change to make the commander responsible for fulfilling this AFAP issue.

Department of the Army Pamphlet 608-47, A Guide to Establishing Family Readiness Groups, Chapter 1-1, paragraph b, makes reference to AR 600-20, Army Command Policy. AR 608-47 outlines commanders' responsibilities to ensure assistance to establish and maintain personal and family affairs and readiness. There is no reference in the body of the pamphlet to the requirement for or the role of a military Total Army Family Liaison Officer at any level of the organizational structure.

Subject matter expert recommendation:

- 1. Recommend that 7th ID and Fort Carson Regulation 608-47 be amended as requested to require commanders to establish this position at all unit levels to ensure the intent of Army Command Policy, AR 600-20 is met at Fort Carson.
- 2. Further recommend this issue be forwarded to higher headquarters conference to be addressed as a change to DA Pamphlet 608-47.

This is an active issue at Fort Carson. The issue was sent to Forces Command and returned by FORSCOM with the suggestion it be handled at the installation level. The ACS director was informed by III Corps that the Secretary of the Army is reviewing establishing the Family Liaison Officer position at the unit level.

For more information, contact Nancy A. Montville at 526-4590 or at Nancy.Montville@carson.army.mil. Visit the DA AFAP Web site at www.goacs.org and click on AFAP Issue Book.

Dining Schedule

Week of June 20 to 27

Exceptions

Weekday Dining Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040) 3rd ACR CAV House (building 2461) 3rd ACR Butts Army Airfield (building 9612) 3rd ACR Patton House (building 2161) 10th SFG (A) (building 7481)

Weekday Meal Hours

Breakfast 6 to 9 a.m. (All facilities)

6:30 to 8:30 a.m. (Cheyenne Mtn. Inn)

Lunch 11:30 a.m. to 1 p.m. Dinner 4:30 to 6:30 p.m.

• 10th SFG (A) dining facility is open again •3rd BCT is closed indefinitely

Saturday, Sunday and Training Holiday Dining Facilities

3rd ACR Cav. House. (building 2461) 43rd ASG (building 1040) 3rd ACR Patton House (building 2161)

Saturday, Sunday and Training Holiday Meal Hours

Breakfast Lunch Dinner 7:30 to 9:30 a.m. 11:30 a.m. to 1 p.m. 4:30 to 6:30 p.m.

3 to 5 p.m. (Cheyenne Mtn. Inn)

GARNISHED WAGES

Greenback

Meet your financial obligations or ...

Servicemembers' pay can be garnished

by 1st Lt.Theodore Stutz 4th Finance Battalion

Late or missed payments can ruin credit.

Members of the military must be careful not to get into any financial obligation they cannot fulfill because servicemembers' pay can be garnished, or involuntarily taken, by the creditor, if they fail to make payments.

All servicemembers (active duty and Reservists), as well as civilian government employees can have their pay garnished. Meeting financial obligations is important while in garrison and equally so during deployments. The following information is provided for those individuals who may have situations where garnishments or involuntary collections of debts have been authorized.

Involuntary Allotment from Military Personnel for Commercial Debt:

By enacting Public Law 103-94, the "Hatch Act Reform Amendments of 1993," (codified at 5 U.S.C. 5520a) Congress authorized the garnishment of federal civilian employees' pay to satisfy commercial debts. In that same law, Congress authorized "involuntary allotments" against the pay of active duty and reserve (on active duty for a period more than 180 days pursuant to Title 10) military members to satisfy commercial debts. The portion of the law concerning involuntary

allotments against the pay of military members the \$\alpha\$ became effective Jan. 1, 1995. The implementing regulation is Indebtedness of Military Personnel, 32 C.F.R. Part 112;113 (1995). It establishes the administrative procedures for evaluating applications and implementing involuntary allotments. Garnishments or wage withholding orders are not necessary, nor will they be accepted, to start an involuntary allotment.

Because applicants may be unfamiliar with the administrative procedures involved in applying for an involuntary allotment, the Defense Finance and Accounting Service Cleveland Center, Garnishment Operations, strongly advises that any creditor wishing to utilize this procedure review a copy of the regulation prior to filing an application.

It is Department of Defense policy that military members are expected to pay their just financial obligations in a proper and timely manner. Creditors whose efforts to collect a debt have failed and who have been awarded a civil judgment against a military member in court, may seek enforcement of the judgment by applying for an involuntary allotment from the member's military pay. If approved,

the allotment can pay up to a maximum of 25 percent of the member's disposable pay per monthly pay period. (Note: not all pay a military member receives is subject to involuntary allotment. A complete listing of pay subject to involuntary allotment and pay excluded from involuntary allotment is contained in the regulation.)

Upon receipt of a garnishments application package from a creditor, DFAS-CL/L will perform an initial legal review. This initial review will consist of an examination of the application form to ensure that the information is consistent with the information contained in the accompanying civil judgment made against the servicemember.

Post judgment interest is payable under the regulation provided it is

awarded in the judgment.

Additionally, during the initial review, DFAS-CL/L will determine whether the procedural requirements of the Soldiers and Sailors' Civil Relief Act of 1940, as amended (50 U.S.C. App. Sec. 501-591) were complied with. Of specific concern are those provisions contained in 50 U.S.C. App. Sec. 520, which deal

See Pay, Page 10

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Military

Pay From Page 7

with procedures to be followed in default judgment cases.

Applications containing judgments that are determined to not comply with these provisions will be rejected with an accompanying explanation.

Unit Commanders Responsibilities

Applications, which pass the initial legal review, will be forwarded along with a DD Form 2654 (Commander's Notification and Member Response) to the member's commander. The application is due back to DFAS-CL/L 90 days from the date it is mailed to the commander. If no response is received by the due date, DFAS-CL/L will process the case for payment on the 15th calendar day after the response was due.

The commander has the responsibility, within 5 days of receiving the package from DFAS-CL/L, to notify the member of the action and to inform the member of the right to either consent or contest the involuntary allotment. The member then has 15 days to provide a response to the member's commander. However, the commander may extend the member's time to respond for good cause. Under normal circum-

stances, these extensions will not exceed 30 days. However, during times of deployment, war, national emergency, assignment outside the United States, hospitalization, or other similar situations which prevent the member from obtaining necessary evidence or from responding in a timely manner, extensions exceeding 30 days may be granted.

If the member consents to the involuntary allotment, the DD Form 2654 will be completed and returned to DFAS-CL/L. Payments will begin within 30 days of DFAS-CL's' receipt of the packet. A member who elects to contest the involuntary allotment may do so for a number of reasons. Regardless of the reason for contesting, the member must provide evidence to the commander of the basis for the contention. In all but one instance, the commander will forward the evidence to DFAS-CL/L for a final determination of whether or not the allotment will be established. If the member contests the allotment on the basis of "Exigencies of Military Duty", the commander has the responsibility to make the determination of whether "Exigencies of Military Duty" (as defined in 32 C.F.R. Part 112.3(d)) caused the "absence" of the member from appearance in a judicial proceed-

ing that forms the basis for the judgment upon which application is sought. See 32 C.F.R. Part 113.6(b)(2)(D)(iii)(D)(2). The commander's decision on this issue is binding on DFAS. If the commander finds exigencies of military duty to be a valid defense, the application will be noted and returned to DFAS. DFAS will return the application to the applicant without action. Within 60 days of DFAS mailing this notification, an applicant may appeal this decision to the appellate authority, which is found on the returned DD Form 2654.

Once the completed DD Form 2654 is returned to DFAS-CL/L from the commander of the member, DFAS will make a final review of the packet to determine if the member has made a valid defense to the involuntary allotment being established. For those cases where DFAS-CL/L determines the member has not raised a valid defense, the allotment will be established within 30 days of their receipt of the packet from the commander. In cases where DFAS determines a valid defense was raised, the applicant will be notified that the allotment will not be established. A copy of the member's response, raising a valid defense, will be forwarded to the applicant.

FRG

From Page 5

of this group," said Sara Garcia, the other FRG leader for 43rd Eng. Co. and the Sara to whom Green was referring.

"They literally run across the room to see each other," said Green.

They estimate about 250 women are actively involved in the FRG. "You can triple that for the amount of people we have to stay in contact with," said Meyer.

"Families of the single soldiers are involved in the FRGs as well," said Garcia. Though the FRG is composed mostly of women, there are a few men involved whose wives are in 2nd Squadron's HHT.

With roughly 1,100 soldiers in 2nd Squadron, organizing efforts to help all the soldiers at once through the FRG is almost a logistical impossibility. To make the tasks manageable, they break down tasks among component units.

"It has to be broken down the way we've done it," said Meyer.

Their projects, said Green, were made possible with the help and approval of the Directorate of Community Activities, which sets guidelines for donations to soldiers and units at the Mountain Post.

"We can't do anything without them," said Green.

That is probably an overstatement. Green's crew of FRG leaders may need DCA's authority to do the job they do, but getting the job done has been a task nearly all their own.

"We're just more visible because of the deployment, but we're always here," said Bourgeois.

Community

Don't ride into danger ...

Gearing up for safety should be first step in riding a motorcycle

by Sgt. Melissa Bernazzani 14th Public Affairs Detachment

When you head out to cruise the highway on your motorcycle, the last thing you may think about is a safety checklist. You may not even care about your safety on the road, but think about how your untimely death could affect your loved ones.

If military personnel disregard motorcycle safety on or off post, they could lose military benefits such as life insurance benefits for their family members.

Fort Carson Regulation 385-1 states "Failure to wear the PPE (personal protective equipment) or comply with licensing or operator training requirements may be considered in making line-of-duty determinations if the injury is from such nonuse of PPE or noncompliance."

There is no excuse for disregarding motorcycle safety especially since the Fort Carson Safety Office offers a Motorcycle Safety Course available free of charge to all military personnel. The class is also offered free to family members, pending available class slots.

The one-day class offers classroom teaching through half of the day, and the next half takes the students through a hands-on motorcycle obstacle course. The class is mandatory for all servicemembers requesting on post vehicle registration decals.

While riding a motorcycle on or off post, servicemembers must ensure they are wearing the proper gear, according to the FC Reg. 385-1, the requirements for riding a motorcycle are:

- Personnel must be licensed and possess a valid motorcycle driver's license.
- Personnel must successfully complete an applicable rider and operator safety course that includes a Motorcycle Safety Foundation or Specialty Vehicle Institute of America approved curriculum.
- Personnel must wear helmets approved by the Department of Transportation.
- Personnel must wear proper personnel protective clothing such as leather boots or over-the-ankle sturdy shoes, long-legged pants, long-sleeved shirts or jackets, and full-fingered gloves (reflective outer garments are recommended).
 - Personnel must wear impact or shatter resistant



Courtesy photo

Motorcycle safety is important especially for sevicemembers. If military personnel disregard motorcycle safety on or off post, they could lose military benefits such as life insurance benefits for their family members.

goggles or full-face shields attached to the helmet.

Although most installations offer the safety course, motorcycle accidents have increased in the Army. According to the U. S. Army Safety Program Web site motorcycle accidents resulting in death have increased by 130 percent from fiscal year 2002 to 2003.

"Alcohol, speed and inexperienced drivers are the three main causes of motorcycle fatalities," said Beverly A. Crabtree, administrative assistant for the Fort Carson Safety Office.

Whether one is a beginner or a veteran on the road, attending the Motorcycle Safety Course will raise one's safety awareness level and possibly decrease loss of property and loss of life, said Crabtree.

The next time you get on your motorcycle just answer this: diesel truck vs. motorcycle ... who's

going to win? Take all precautions to ensure your safety and your future with loved ones.

For more information on motorcycle safety, log onto the U.S. Army Safety Program Web site at http://safety.army.mil/home.html, and for more information on the Fort Carson Motorcycle Safety Course or to sign up for the next class, contact Crabtree at 526-2123.

Motorcycle Safety Course:

What to bring

Motorcycle

Driver s license (no permits)

Vehicle insurance

Registration

Closed-finger gloves

Leather boots

Reflective vest (no belts)

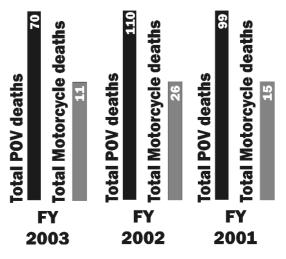
Motorcycle helmet

Where to sign up

Contact Beverly A. Crabtree, Fort Carson Safety Office, at 526-2123 to reserve a seat in the class.

When are the classes June 24; July 8, 15 and 22; Aug. 12, 19 and 26; and Sept. 16

Armywide Fatalities



Community

Community Events

Miscellaneous

Enlisted Spouses Charitable Organization — The Enlisted Spouses' Charitable Organization will meet July 16 at 6:30 p.m. at the Elkhorn Conference Center. Membership in ESCO is open to all spouses of enlisted or warrant officer soldiers, whether active duty, Reserve, Guard or retired and all are invited to attend. ESCO members participate in volunteer opportunities on and off post and sponsor military family events. ESCO meetings consist of family events like craft night and themed potlucks. Children are always welcome to attend with a parent. If you are interested in joining, please attend a meeting, e-mail us at <u>CarsonESCO@hotmail.com</u> or call our office at the Family Connection 524-1115.

On-post housing availability — Any family waiting for junior enlisted on-post housing needs to come into the housing office in building 7301 Woodfill Road, room 104 and immediately verify their status on the waiting list, as well as update their contact information. The housing office has several homes becoming available in the very near future. Due to deployments and soldiers changing unit locations, we are having difficulty reaching those soldiers and/or their spouses. Hours of operation are Mondays through Wednesdays and Fridays from 7:30 a.m. to 4 p.m.; Thursdays from 9 a.m. to 2 p.m. For more information or

questions, call 526-2323.

ACAP job openings — Army Career and Alumni Program currently has the following jobs listings for interested personnel. For more information about the jobs, call 526-1002.

What: Counterterrorism analyst in Colorado Springs Who: Anyone with a secret security clearance, Bachelor's degree or three to five years experi-

What: Loss Prevention Officer in Colorado Springs, (nationwide positions also available)

What: Heavy equipment mechanics, nationwide opening Who: Anyone with three years experience

What: Turret mechanics in the Middle East Who: 45 Series, DS Level minimum E-5

What: Physician assistant in the Middle East Who: WO preferred, current license required.

What: Equipment Operator in Rock Springs, Wyo.; Bakersfield, Calif.; and Farmington, N.M. Must have a clean driving record and no driving under the influence incidents. Anyone in the ranks of E-3 to E-6 may apply.

For more information, contact ACAP at 526-1002.

The Fort Carson Thrift Shop will be closed from June 27 to Aug. 4, but will reopen Aug. 5. For more information, call the Thrift Shop at 526-5966.

Water restrictions

Fort Carson is currently at Stage II — Level B watering restrictions until further notice due to ongoing drought conditions. The *Mountaineer* will publish detailed, updated watering guidance for Fort Carson when released. For more information on current water restriction or Stage II —

Level B watering guidance, visit the Directorate of Environmental Compliance and Management Web site

www.carson.army.mil/Decam/Homepa ge.html or log on to the Colorado Springs Utilities Web site at www.csu.org.

Claims against the estate of:

Sgt. Michael Brian Quinn: With deepest regret to the family of Sgt. Michael Brian Quinn, deceased. Anyone having claims against or indebtedness to his estate would contact 1st Lt. Daniel R. Thompson at 382-8858 or 526-6514.

Chief Warrant Officer Brian K. Van Dusen: With deepest regret to the family of Chief Warrant Officer Brian K. Van Dusen, deceased. Anyone having claims against or indebtedness to his estate would contact Capt. Jae Pyon at 524-3529.

Cpl. Richard Paul Carl: With deepest regret to the family of Cpl. Richard Paul Carl, deceased. Anyone having claims against or indebtedness to his estate should contact 2nd Lt. Adam Grow at 524-3529.

Chief Warrant Officer Hans N. Gukeisen: With deepest regret to the family of Chief Warrant Officer Hans N. Gukeisen, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. Daniel R. Thompson at 382-8858 or 526-1954.

Maj. Earl William Schram: With deepest regret to the family of Maj. Earl William Schram, deceased. Anyone having claims against or indebtedness to his estate should contact Capt. Paul Creal at 524-1281.

Sgt. Keman Lavor Mitchell: With deepest regret to the family of Sgt.

Army Community Service Family Readiness Center 526-4590

CONNECTING WAITING FAMILIES



Spouse deployed or on a hardship tour?
Feeling lonely and overwhelmed?
Fighting the separation blues?

Join us and share your concerns and ideas, as well as meet other family members of deployed/hardship tour soldiers.

OF THE MONTH 9-10:30AM/6-8PM

T'THE FAMILY CONNECTION, BLDG. 1354 ON BARKELEY AVE.

PRIOR REGISTRATION REQUIRED. TO MAKE RESERVATIONS CALL 526-4590.

Keman Lavor Mitchell, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. Wade Barker at 526-3456.

Staff Sgt. Andrew Robert Pokorny: With deepest regret to the family of Staff Sgt. Andrew Robert Pokorny, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. Danny Thompson at 526-1040 or (719) 650-9210 (cell).

Reservist help Djibouti animals

by Cpl. Paula M. Fitzgerald U.S. Marine Corps

ALI SABIEH, Djibouti — The scene here June 14 was organized chaos as soldiers from the Army Reserve's Company C, 478th Civil Affairs Battalion, provided needed medical attention to nearly 600 sheep, goats and donkeys during the first Veterinary Civil Action Program conducted by Combined Joint Task Force - Horn of Africa.

A key element of CJTF-HOA's counterterrorism mission lies in making a positive difference in the lives of the people in the region as well as their environment.

A group of 13 Civil Affairs soldiers and one French veterinarian teamed up with local animal doctors and Alan Funk, director of the non-government organization International Development and Relief Board, for the event.

Army Lt. Col. Charles A. Johnson, staff veterinarian, explained how the task force became involved with the IDRB. "We initially met with Mr. Funk here to discuss the problem the villagers have been having with hyenas attacking their flocks."

Although Johnson and his team are still determining a solution to the hyena problem, they decided to conduct a VET-CAP immediately.

"Our main purpose out here was to

provide treatment to the common animals. We treated for ticks, lice and roundworms. Plus, we donated some veterinary medical supplies to the local vet," said the Stockton, N.J., native.

The NGO, which seeks help from outside sources, focuses much of its attention on immunizing cattle, camels, goats, sheep and burros against external and internal parasites.

"This was a unique experience for me," he said. "I definitely want to do as many of these as we can."

For the troops, the mission was to inject the livestock with Ivermectin, which rids the animals of external and internal parasites.

Funk, who has lived in the Horn of Africa since 1994, explained the significance of the VETCAP as "the livelihood for the people in this area."

Most of the people in the Ali Sabieh district are Somali nomadic herders, who move throughout the countries of Djibouti, Somalia and Ethiopia dependent on where the coolest weather is.

Funk stated, "When we (IDRB) first started out here, we were planning on doing immunizations for the (human) babies and mothers. The people explained to us that if we got their animals healthy, then it would be a lot easier to keep the people healthy."



Photo by Gene Arbuckle, Regional Training and Support Center

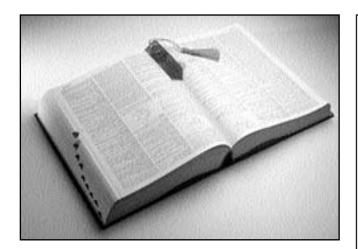
Fort Carson salutes ...

Col. Joseph E. Orr, deputy commanding general here, slices into Fort Carson life with wife, Renee, during a welcome ceremony held June 12.

Contact Porcon

Time

Dox



Chapel

Wicca group meets at Fort Carson:

There are many traditions within Wicca and the tenets, practices and politics vary as they do in many religious groups. The goal for the Fort Carson Open Circle is to allow people of all traditions to come together and learn from each other. They are openly eclectic in that their members are of many different faiths and traditions. They are here to teach each other and to learn from one another. They invite those who have years of experience in their tradition and those who are still seeking their path to come together. The group meets every Tuesday at 6:30 p.m. at the Family University Building, next to McKibben Physical Fitness Center, at the corner of Ellis and Barkeley. If you have any questions please call (719) 229-8948 or 634-7243, or via e-mail ftcarsonopencircle@hotmail.com.

Fort Carson AWANA Club: AWANA shapes children's lives with a combination of good clean fun, Bible memory and spiritual teaching. The group is similar to scouting. Participants wear uniforms, earn badges and are motivated through awards. Meetings are held Thursdays 5:15 to 7 p.m. Spaces are available for adults who want to be ministry leaders. The leadership training is free. For information, call Susan Webb at 538-9306.

Chapel Schedule

ROMAN CATHOLIC

Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Tues., Wed., Thurs	s. noon	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Stahl/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	10:45 a.m.	CRE	Soldiers'	Nelson & Martinez	Pat Treacy/526-5744
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Stahl/526-5769
Tuesday	6:30 p.m.	RCIA	Soldiers'	Nelson & Martinez	Pat Treacy/526-5744
Saturday	4 p.m.	Reconciliation	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
PROTESTANT					
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Kincaid/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Jones/526-4206
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Fox/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Byrd/526-2811
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Byrd/526-2811
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626
Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez	Chap. Fox/524-1166
Sunday	9:30 a.m.	Contemporary	Veterans'	Magrath & Titus	Chap. Ellison/526-8890
Sunday	6 p.m.	PYOC	Soldiers'	Nelson & Martinez	Ms. Scheck/524-1166
			LITURGICAL	L	
Sunday	10:45 a.m.	Lutheran	Provider	Barkeley & Ellis	Chap. Lloyd/526-3888
			JEWISH		
For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.					
WICCA					
Tuesday	6:30 p.m.		Family University	Bldg. 1161	Ms. Costantino-Mead

MORMON Sunday 2 p.m. LDS Provider Barkeley & Prussman Chap. Jones/526-4416

For additional information, contact the Installation Chaplain's Office, building 1550, at 526-5209. Normally, free child-care is available during on-post worship services.

Daily Bible readings: In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

Friday — Psalms 18 & Judges 19-21 Saturday — Psalms 19 & Ruth Sunday — Psalms 20 & 1 Samuel 1-3 Monday — Psalms 21 & 1 Samuel 4-6 Tuesday — Psalms 22 & 1 Samuel 7-9

Wednesday — Psalms 23 & 1 Samuel 10-12 Thursday — Psalms 24 & 1 Samuel 13-15

The Army Cycle Of Prayer — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations. Please pray this week for the following:

Unit: For the soldiers, families and leaders of the 19th Theater Army Area Command, headquartered at Taegu, Korea.

Army: For all soldiers, noncommissioned officers and officers of the Transportation Corps, whose regimental home is located at Fort Lee, Va.

State: For all soldiers and families from the state of Mississippi Pray also for Gov. Ronnie Musgrove, the state legislators and municipal officials of the Magnolia State.

Nation: For the dedicated employees of the Federal Aviation Administration, who daily ensure millions of people's safety as we travel around our nation's skies. Pray God would strengthen and sustain them in the vigilant mission.

Religious: For all soldiers and family members of the Islamic faith, and for all chaplains endorsed to military service from that community of faith. For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at www.usarmychaplain.com.

Chaplain's Corner

From the mouth of babes ...

Children — living models of faith

Commentary by Pat Treacy Catholic Director of Religious Education

Several months ago, as part of the Religious Education Process, all the youths were asked to write prayers for those deployed to various parts of the world.

In addition to writing the prayers, the youths were asked to respond to this question: If you had a chance to ask God one question, what would it be? The following are a sampling of some of the questions.

"Did you really mean do unto oth-

ers as they do unto you? Because if you did then I'm going to fix my brother. Is it true my father won't get in Heaven if he uses his bowling words in the house?

God, do you see things from the outside? If there is a person that is unattractive to everybody else, do you see it or only the inside? Why don't

you make cures for diseases and cancers to save lives? When is the world going to end? What do you think about the war?

God, why do evil things still exist? Why can't there be peace everywhere? Will there ever be world peace? Why do people make sacrifices? Why don't you bring Jesus back? Why is life so difficult? Why did you create us? What is it like hearing all our prayers and trying to answer them? Do you love me God? If so, why?"

As you can see from the question samples, from the mouths of babes come true sincerity, curiosity, uninhibited questions, deep reflection, an insatiable desire to have their questions answered and faith-filled wonderment.

It has been said that children are the future of the church. While this is true. I believe children are active members of our faith communities right here, right now. They have many gifts to offer to the adult community.

Did you ever wonder why Jesus said, "Let the children come to me and do not prevent them; for the kingdom

> of God belongs to such as these. Amen, I say to vou, whoever does not accept the kingdom of God like a child will not enter it," Luke 18:

> Through these words I believe that Jesus was giving us an insight into how we are to be a followers of Christ.

Children are living models of faith. In

everything they do, they seem to see and feel things each day as if it was the first time they experienced it. They are like sponges; they seem to soak in all they receive from their world. They live with tremendous passion and enthusiasm. They question everything, but in so doing, they are in the process of making the object of their question their own. Questioning and challenging help children determine what is important to their lives and how it fits into their world. Children have a sense of

creativity, playfulness and incredulous imaginations. Children are receptive to all that surrounds them, and they have an uncanny trustful dependence on the adults in their lives.

We have much to learn from our children and our youths. If we pause and reflect upon these things, perhaps we would gain insight as to where we are on our spiritual journeys as compared to where Christ is calling us to in this scripture passage. Each day we live, do we experience our relationship with the Creator as we did the very first time we experienced the love of God? Do we allow ourselves to soak in every encounter with people and every event we experience as an opportunity to experience God's saving presence and to offer another God's love? Are we excited about our relationships with God and do we live this out with passion? What do we do to live out the faith questions that we have in our lives? Do we try to learn as much as we can about prayer, our church, the scripture, and what it means to follow God? How receptive are we to consuming the Word of God and giving birth to it in our daily encounters? Do we take time to play and experience the wonders of God all around us? When was the last time we used our creativity and imaginations to further our relationships with our chapel and or parish community and our personal relationships with God? Do we allow ourselves, as children do with their parents, to be totally dependent upon God?

As I said earlier, we have much to learn from children of all ages. As for myself, I consider it a blessing and a privilege to be able to work with the

ChapelNative American Sweatlodge

— Native American Sweatlodge ceremonies (He Ska Akicita Inipi) are offered to military personnel, dependants and DOD personnel for traditional prayer and purification. Fasting before the ceremony is recommended and refreshments are offered following the ceremony. Call Michael Dunning at 382-5331 or (c) 330-9537 for ceremonial information and directions.

Youth of the Chapel —

Activities for Protestant and Catholic Middle School and High School Youth take place each Tuesdays at 6 p.m. at Soldiers' Memorial Chapel. Protestant High School activities include Bible Studies Sundays at 9:30 a.m. and Tuesdays at 6 p.m. at Soldiers' Memorial Chapel. Catholic vouth classes meet at 10:45 a.m. Sundays at Soldiers' Memorial Chapel.

children at this post. They challenge me in ways they will never know, they grace me in ways that I feel unworthy to accept and they call me to try and be a better person. What pure gifts from God. I, for one, think it's time for all of us to spend more time with children that we may be better able to know what it means to be a follower of God. Perhaps then we will understand the meaning of Paul's words to the Ephesians, "Live as children of light for light produces every kind of goodness and righteousness and truth. Try to learn what is pleasing to the Lord," Ephesians 5: 8-10.

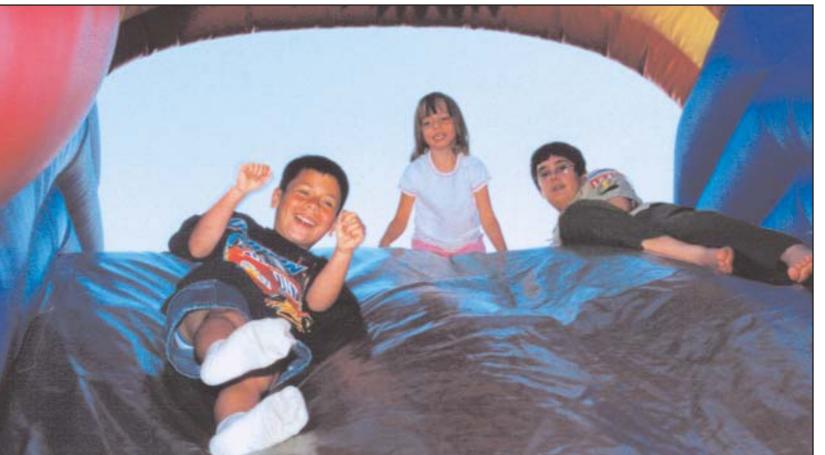
MOUNTAINEER MOUNTAINEER Feature Feature June 20, 2003 June 20, 2003



Photo by Sgt. 1st Class Dee McNutt Amy-Jayne McCabe sings the night away in her recent free concert for Fort Carson.



Photo by Sgt. 1st Class Dee McNutt Amy-Jayne McCabe signs an autograph for Colleen Schwanz, family member.



Robert Schwanz, 7, family member, enjoys the slide set up for children outside the Special Events Center.





Photo by Sherry Nesmith Family members get the opportunity to sing a song with Amy-Jayne McCabe.

RISING COUNTRY MUSIC STAR ENTERTAINS CARSON COMMUNITY

by Sgt. 1st Class Dee McNutt **Fort Carson Public Affairs Office** It started with an e-mail and a request

for a compact disc.

"My husband deployed April 4 and a few days later I was on my way to the commissary, and I heard the song 'The Rock' on the radio," said Judy Johnson, whose husband is deployed with 2nd Squadron, 3rd Armored Cavalry Regiment. "I pulled over on the side of the road because I was crying. This deployment has been hard on my family.

"I went home, and without even taking the groceries out of the house, I called the radio station and got her (Amy- Activities and Jayne McCabe's) name. I got on the Internet and shot her an e-mail. She called me the next morning, and we talked for about 45 minutes."

That was the beginning of more than a month's work to bring McCabe, a rising country star, to Fort Carson to entertain family members of deployed soldiers.

McCabe said Johnson and another family member, Sarah Garcia, whose husband is also deployed with 2nd Sqdn., 3rd ACR, made the concert happen.

"What brought me to Fort Carson were two really wonderful FRG (Family Readiness Group) leaders who were so

'hooah' about their soldiers over in Iraq that they wanted to put together this great concert today," said McCabe.

That wasn't the only reason McCabe wanted to perform at Fort Carson.

"I know there have been some casualties at Fort Carson and I hope this concert helps boost morale and spirits of family members so they can forget about what's going on for just a little while," said McCabe. The FRG,

Directorate of Community Morale, Welfare Recreation brought McCabe to Fort Carson, but she began devoting her life to entertaining soldiers and their families when her husband was a captain stationed at Fort Campbell, Ky. He deployed to Kosovo, and she wanted to do something to help boost the morale of his unit. Her husband's commander wrote letters to Armed Forces Entertainment, and they sponsored

"That's how it all started, and I've been performing for the military ever since. It's what I've really focused my

her trip to Kosovo to perform for the unit.

career on," said McCabe.

One song McCabe is particularly proud of is "The Rock" which is a tribute to military spouses everywhere.

"The Rock' was written in 2000 when my husband's unit went to Kosovo. I wrote it for the spouses of the deployed soldiers for thanks for what they do. A

strong soldier is backed by a strong family with a strong support system. If soldiers know their families are being taken care of, they are able to do

deployed," said McCabe. "The song really hit e with us (family members).

She got to the point of how it is to be a military wife and have your loved one away. We are the rock, the strength of the family," said Garcia.

McCabe will leave Sunday for a European tour to entertain soldiers overseas. Her husband, Patrick McCabe, tapes her concerts in hopes she can play the tape for Fort Carson soldiers over-

McCabe said she hopes this will help "bridge the gap" and provide "virtual dates" for the deserving soldiers and family members.



20 - 27 June 2003

Proudly Brought to You by Your Fort Carson Directorate of Community Activities, Bldg. 1217 Specker Ave. 719-526-3161 Visit us at www.ftcarsonmwr.com

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UCKY BUCKET

MAY 1ST THRU JUNE 30TH

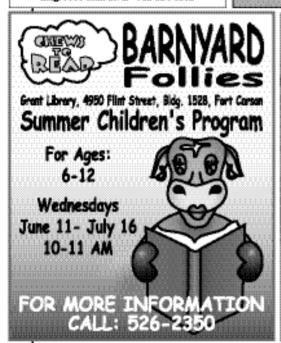
GRAND PRIZE DRAWING JULY 31 AT CFSC HEADQUARTERS

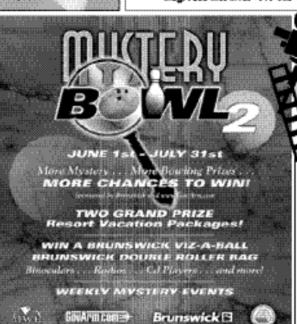
THE PURCHASE OF EACH BUCKET OF BALLS, IS WORTH A NEW ENTRY FORM FOR THE GRAND PRIZE DRAWING

WHEN YOU FIND THE RED "LUCKY" BALL IN YOUR BUCKET, INSTANT PRIZES ARE AWARDED

> FOR MORE INFORMATION 719-526-4122

Open to all NWR Patrons with the exception of the installation Golf Course Employees and Employees directly involved in this event.





Latest & Greatest Every Day of the Week!

Bldg. 1517 McDonald Street

FREE Evening Movies Start 7 pm

For the most current movie listings or information call 719-526-4629







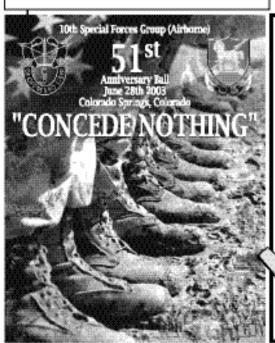
Mountain Post Sports Complex Bldg. 1920 Specker Ave Fort Carson

Come out and join us for a fun filled family day of FREE tennis instruction and giveaways.

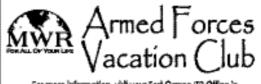
9 am to Noon Noon to 1 pm 1:30 to 3 pm

FREE Clinic Cookent Fun Tournament

For sign up and more information. please call 719-524-1388







For more information, visit your Fort Carson (TR Office in Bidg. 2429 Specier Ave - 779-526-2083 or go to www.afvalub.com and cick on the Armed Forces Vacation Club logo. The Fort Casson Base code is 4?

Fort Carson information Tickets & Registration Office Bidg, 2429 Specker Ave - 719-526-2083





Special Events Couter Bidg. 1829, Speciar Ave

10 & under and beginners 3 - 5 pm

All other skaters 5 - 9 pm



· 185 Rink Fantsetic Light Show

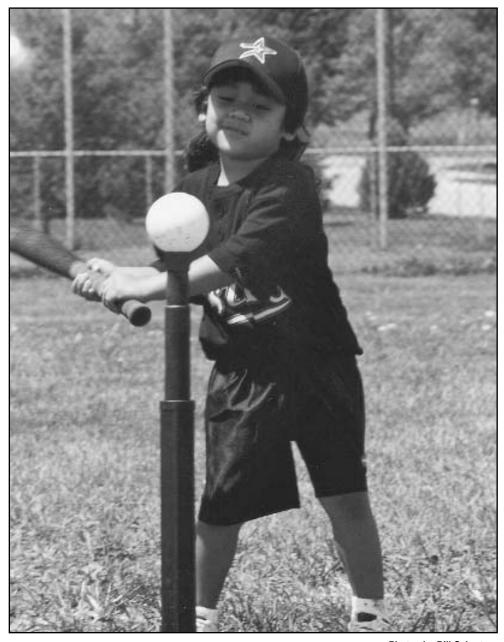
Fun for all Skate Rectal \$1.00 For more information,

piease cali 524-1163 **u** 526-1023

Sports & Leisure

Fort Carson's youngest ...

Players learn rules, fun of America's favorite pasttime



Lex Paris keeps his eyes on the target during his T-ball game Saturday. Lex plays Bam Bam T-ball for the Astros in the Youth Services Center summer league.



Jessica Brklich, 9, a member of the 7- to-9-year-old Dodgers baseball team, warms up prior to the first game of the 2003 campaign Saturday. The 7- to 9-year-old teams use a machine pitch for their games.

by Bill Scharton Mountaineer staff

The 2003 Fort Carson youth base-ball/T-ball seasons began Saturday at the Mountain Post Sports Complex. The summer activity is sponsored by the youth sports division of the Youth Services Center.

T-ball is played by 3 and 4 year olds (Bam Bam) and 5 and 6 year olds, and baseball is played by 7 to 9 year olds (machine pitch) and 10 to 12 year olds (player pitch). This season features six Bam Bam and six 5-and 6-year-old T-ball teams, and two 7- to 9-year-old and two 10- to 12-year-old baseball teams.

Bam Bam T-ball is basically organized chaos, but the players are literally and figuratively having a ball. Chris McCarty is the head coach of the Bam Bam Astros.

"The attention span of the kids is about a half hour," McCarty said. "So we play for about 30 minutes and hope for the best."

Lorna Paris will take over the head coaching duties for the Astros when McCarty is deployed. Her husband is deployed in Iraq right now.

"My husband was laughing when he found out I would be coaching the team," Paris said. "He was laughing because I don't know anything about baseball." She was doing on-the-job training Saturday and thinks she will be ready to take over when the time comes. "This is going to be one interesting summer. But it will be fun."

Barb Welshofer is coaching the 5and 6-year-old Cubs T-ball team. Her 13-year-old son Matt is the assistant coach. Her 6-year-old daughter Mackenzie plays for the Cubs, and her 10-year-old son Nick plays for the 10- to 12-year-olds Rockies team.

Following the first game of the season Saturday, Welshofer was pretty pleased about the team's debut.

"I thought it went well today," Welshofer said. "The kids had a good time and were really excited when they saw all the dandelions in the outfield."

As assistant coach, Matt said he helped the batters on offense and worked with the outfielders on defense. Mackenzie said she had fun and her favorite position on defense was the pitcher's area.

Parents pay a \$30 per child sports fee to the Youth Services Center. According to Jeannie McCormick, a recreation program aid at the Youth Services Center, this fee helps pay for equipment, jerseys, umpires and other miscellaneous items. The summer slate of games runs through July 26.



Chris McCarty, head coach of the Astros Bam Bam T-ball team, helps one of the players bat the ball off the T during the first game of the season Saturday. McCarty's 4-year-old daughter Jordan, right, listens to the instructions.

Sports & Leisure

Sky Sox appreciation night draws crowd

by Bill Scharton Mountaineer staff

Many Fort Carson families took advantage of a free night at the ball park June 11 when the Colorado Springs Sky Sox staged its annual "Fort Carson Appreciation Night."

Several thousand tickets were provided by the Sky Sox to the Mountain Post for distribution to Fort Carson active duty servicemembers and their families, retired military and civilian employees.

The commissary was one of the ticket distribution locations on post and was also the location for the drawing for the Sky Sox hot-tub tickets. The winner received eight tickets to watch the game from a hot tub located down the right field line at Sky Sox stadium.

The lucky winner was Barbara Byrne, an Army reservist from Pueblo who is currently working in the Fort Carson legal office soldier readiness processing site. "When I found out I won the hot-tub tickets, I decided to invite seven others from the legal office," Byrne said. "Everybody seems to be having a good time."

Sherri Tetu was shopping at the commissary the day of the game and decided to get tickets to the game for herself and her three children. Her husband, Robert Tetu, currently is deployed to Iraq with the 3rd Brigade Combat Team.

"I brought the tickets home from the commissary and told Crystal (oldest daughter Crystal Grandberry, an 8th-grade student at Carson Middle School) we were going to the baseball game," Tetu said. "The kids had never been to a baseball game before."

Grandberry was a track and field standout for the Carson Middle School Eagles this spring. However, baseball was a foreign sport to her. "I don't know what's going on out there," Grandberry said during the pre-game drills. Little sister Rebecca Tetu, 3, was busy munching on \$1 hot dogs without the buns and condiments. Little brother Robert, 7-months-old, was captivated with the sights and sounds of the ball park.

Besides the on-the-field entertainment, Sky Sox stadium is filled with sights, sounds and other activities for young and old alike. The stadium features kiosks, a Hall of Fame bar and grill, several concession stands, a taco shop, a Hot Corner café, a picnic area, a throwing cage, a batting cage, a Sky Sox prize spinning wheel, Fox Hole and Fox Den souvenir shops, a bounce castle, a bungee jump, the hot tub and other cool things.

Three youth baseball teams from the Fort Carson Youth Services Center summer T-ball and baseball leagues were invited to be on the field with the Sky Sox' players during the playing of the national anthem. The teams were the 5- and 6-year-old T-ball Cubs, the 7- to 9-year-old Dodgers and the 10- to 12-year-old Rockies.

Barb Welshofer is the head coach of the Cubs, and her 13-year-old son Matt is the assistant coach.

Six-year-old daughter Mackenzie plays for the Cubs, and 10-year-old son Nick is on the Rockies team.

"I have been playing T-ball for a couple of years," Mackenzie said. She also said that her favorite part of the pre-game ceremony was when the Fort Carson mounted color guard came charging onto the field. "I thought it was pretty cool when I saw the horses."

Before sending his players onto the field, Rockies coach Ray Lane delivered these instructions to the youngsters. "No sliding into the base when you go out there. Don't do anything cute. Just go out there and

stand at attention." The players obeyed the instructions and coach Lane breathed a sigh of relief.

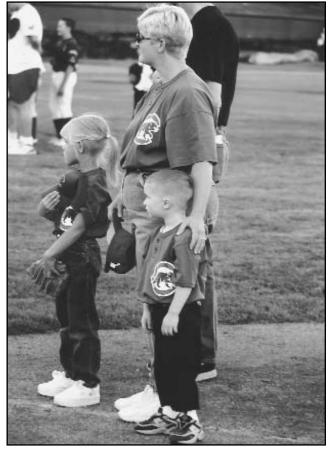


Photo by Bill Scharton

Standing at attention during the Star Spangled Banner were Cubs' players Mackenzie Welshofer, left, Dacota Levi and their coach Barb Welshofer.

Wrestlers compete for USA World Team berths at trials

by Bill Scharton Mountaineer staff

Seventeen wrestlers from the Army World Class Athlete Program at Fort Carson will be competing in the USA Wrestling 2003 World Team Trials today, Saturday and Sunday in Indianapolis.

At stake is a berth on the USA men's freestyle, women's freestyle and men's Greco-Roman national teams that will compete in the Pan American Games and the World Championships later this summer.

The Army wrestlers who will be battling for a spot on the men's freestyle national team are Eric Albarracin (55kg/121 lbs.), Jason Kutz (60kg/132 lbs.), Dominic Black (96kg/211.5 lbs.) and Franklin Lashley (96kg/211.5 lbs.). Army wrestlers Tina George (55kg/121 lbs.) and Iris Smith (72kg/158.5 lbs.) will compete for a berth on women's freestyle national team.

Eleven Army wrestlers have a shot at making the men's Greco-Roman national team. They are Anthony Gibbons (55kg/121 lbs.), Michael Santos (55kg/121 lbs.), Glenn Nieradka (60kg/132 lbs.), James Johnson (60kg/132 lbs.), Glenn Garrison (66kg/145.5 lbs.), Oscar Wood (66kg/145.5 lbs.), Keith Sieracki (74kg/163 lbs.), Kenny Owens (84kg/185 lbs.), Jason Loukides (96kg/211.5 lbs.), Paul Devlin (120kg/264.5 lbs.) and Dremiel Byers (120kg/264.5 lbs.).

In May, Army WCAP head wrestling coach Shon Lewis was selected by USA Wrestling to be the head coach for the 2003 USA men's Greco-Roman World Team. He will accompany the Army wrestlers to Indianapolis this weekend, and he thinks they are ready to go.

"You always have to find that fine line where you stop pushing hard and begin to pull back as far as the training goes," Lewis said. "You want to be really eager to go to battle when the tournament starts.

"When the tournament starts, it is time to go out and execute. The wrestlers look and sound confident heading into the trials."

The individual weight class winners in all three styles at the World Team Trials will have the option to compete in both the Pan American Games and the World Championships if they so desire.

According to Lewis, almost all of the wrestlers choose to compete in both events.

Following the World Team Trials, USA Wrestling will conduct three training camps for all three national teams. All of the training camps will take place at the Olympic Training Center in Colorado Springs.

Smith is not slated to coach at the Pan American Games. However, he will if any Army wrestlers compete for the United States in the Pan American Games. The men's and women's freestyle World Championsips will be in New York City in September, and the men's Greco-Roman World Championships will take place in France in October.



Photo by Bill Scharton

Army World Class Athlete Program wrestler Keith Sieracki, left, and his brother, Air Force WCAP wrestler Aaron Sieracki will be competing this weekend for spots on the 2003 USA men's Greco-Roman national team that will represent the United States at both the Pan American Games and the World Championships later this year.

Lady Mountaineers back on winning track

by Bill Scharton Mountaineer staff

Catherine Satow, player/manager for the Lady Mountaineers competitive slow-pitch softball team, thought a little time off for the team would be a good thing. She was right.

The Lady Mountaineers were rained out June 4. The week before, the team experienced its first loss of the season after three wins in a row.

June 11, the Lady Mountaineers rebounded in strong fashion and trounced Joe's Bar by the score of 20-2. For the Lady Mountaineers, it was the second win in as many tries against Joe's Bar this season and advanced the team's overall record to 4-1.

"Joe's Bar played like we did the last game

when we lost," Satow said. "They were not into it at all. They did not come to play, and we took advantage."

After giving up two runs in the bottom of the first inning, the Lady Mountaineers defense accomplished the rare slow-pitch softball feat of holding the opponent scoreless the next four innings.

"Lenore Moskey had a lot of action at third base, and she played defense exceptionally well," Satow said. "The team as a whole had the fundamentals down. Ball control is the most important thing on defense, and we were throwing the ball to somebody on defense."

Heading into the top of the fourth frame, the Lady Mountaineers had a 6-2 lead over Joe's Bar.

In this at bat, the Lady Mountaineers erupted for 11 runs and virtually locked up win number four. The team tallied four more runs in the fifth inning to make the final count 20-2.

"We sent 14 batters to the plate in the fourth inning," said Satow. "All the players hit well and several different players had RBIs."

So far this season, the Lady Mountaineers have scored 97 runs (19.4 per game average) and have allowed 56 runs against (11.2 per game average) in the first five games played.

The Lady Mountaineers played Connie's Kitchen and Catering Wednesday evening. The Lady Mountaineers will play the Bijou Babes on Field 4 at the Skyview Softball Complex Wednesday at 6 p.m.

Sports briefs

Boxing coaches clinic

Army World Class Athlete Program head boxing coach Basheer Abdullah will conduct a Level One coaches certification clinic Saturday in the conference room of the Army WCAP building 1662.

The clinic will run from 7 a.m. to 3 p.m. with a half hour lunch break. Attendees should bring a notepad to the clinic.

Clinic topics include nutrition, conditioning, USA boxing rules, philosophy and risk management. Level One is the first level of four in the boxing coaches certification process.

Running team practice

Practice starts Monday for the 2003 Fort Carson running team. Meeting time is 6 a.m. at the Special Events Center.

Runners of all levels are invited

to participate. For additional information, call Maj. Angelia Holbrook at 524-2928 or Maj. James Uharriet at 526-2555.

Tennis clinic Saturday

A free tennis clinic and fun tournament will take place Saturday at the Mountain Post Sports Complex tennis courts.

The clinic will run from 9 a.m. to noon, followed by a noon to 1 p.m. cookout and a 1:30 to 3 p.m.

fun tournament.

For sign up and additional information, call 524-1388.

Walking program

Fort Carson's only instructional walking program, "The Fort Carson Well Walkers," takes place at 8 a.m. Tuesdays and Thursdays at the Mountain Post Wellness Center.

To pre-register or for additional information, call the center at 526-3887.

Rock Ledge Ranch Historic Site 1775 to 1907

Story and photos by Nel Lampe Mountaineer staff

efore Colorado Springs was founded in 1871, people inhabited the Pikes Peak area. The Rock Ledge Ranch Historic Site is the place to learn about and explore that history. The ranch is located next to the entrance to Garden of the Gods on 30th Street.

History at Rock Ledge Ranch is divided into four areas:

1775 to 1835 is designated as the American Indian era.

The 1860s era focuses on the Galloway Homestead.

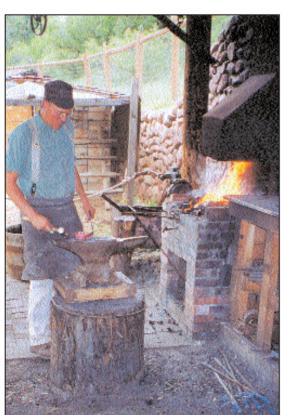
The 1880s are depicted by the Chambers Farm.

Palmer Estate period dates from 1907.

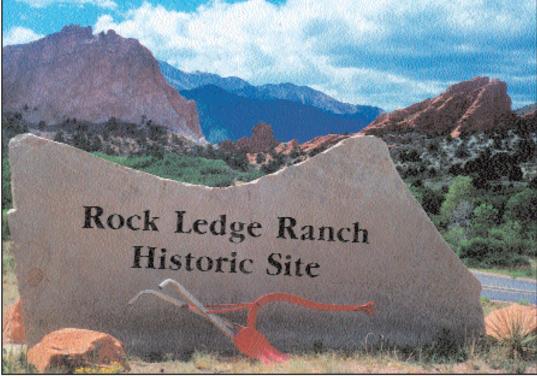
According to Ute Indian oral history, the Utes have always been in the Colorado mountains. Other groups known to have spent some time in the Pikes Peak Area include the Kiowa, Apache, Cheyenne, Arapaho, Pawnee, Comanche and hunting bands from other tribes.

The American Indian Area at the ranch allows visitors to learn about American Indian culture and history. Two teepees are set up; the Ute teepee is made of elk hide. The other teepee is Cheyenne and made of buffalo hide. Interpreters talk with visitors about Indian traditions and culture.

In 1867 Walter Galloway homesteaded 160 acres which is on the Rock Ledge site. By law he was required to build a home, live there for at least five years and make improvements on the property. Galloway built a small cabin on the property and fulfilled all requirements of homesteading. The cabin has been reconstructed and may be visited.



Rock Ledge Blacksmith Breck Fulks forms a hot piece of iron.



Rock Ledge Ranch is at the 30th Street entrance to the Garden of the Gods.



The original farm house was built by the Chambers family in the 1880s. The house has been restored and is open to visitors.

Interpreters tell visitors about the homestead era.

The third era depicted at the ranch is the ranch home built by Robert and Elsie Chambers. The Chambers purchased the property in 1874 from Galloway and started a fruit orchard and vegetable farm. Apple and cherry trees were grown as well as fruit bushes. The ranch home was constructed of rock and Mrs. Chambers called the house "Rock Ledge."

The Chambers were highly successful farmers and gained the reputation of having one of the most productive farms in the area. The fruits and jams generated by the farm were used in the prestigious Antlers Hotel.

The Rock Ledge house is still on the property and may be visited. Interpreters are on hand to depict life as it might have been in that era.

The Chambers sold the farm to General William Jackson Palmer in 1900. Palmer's own home was not far away, just north of the Garden of the Gods.

Palmer was paralyzed when he fell from a horse in 1907. He was being cared for at his Glen Eyrie home.

Palmer had the second house on the Rock Ledge Ranch property built for his sister-in-law, Charlotte Schlater and her family. The Schlaters lived in Cape Town, South Africa, but were moving to Colorado Springs to help care for the general. Palmer hired Thomas MacLaren, a Colorado Springs architect, to design a home in a Dutchstyle common in Cape Town. He thought the Schlaters would feel more comfortable in a home built in a familiar style.

The house was built with many modern conveniences unusual for the time, such as electricity and steam heat.

Visitors may take tours of the Dutch-style home, which is in the last historical phase of the historic site. It is known as the Orchard House.

The ranch was placed on the National Register of Historic Places in 1979.

Rock Ledge Ranch is owned and operated by the City of Colorado Springs. The Living History Association, a volunteer support group, assists in running the ranch.

For many years, the site was known as "The White House Ranch" as the Orchard House was painted white. A few years ago the house was repainted to the original beige color, and the name of the ranch reverted to that originally used by Mrs. Chambers.

People may explore the historic site. Volunteers or park employees in period costume depict life on the property in



Places to see in the Pikes Peak area.

June 20, 2003

Happenings

Ranch

From Page 25

the time period appropriate to each historic period. The role players tend the farm and take care of the farm animals that are on site.

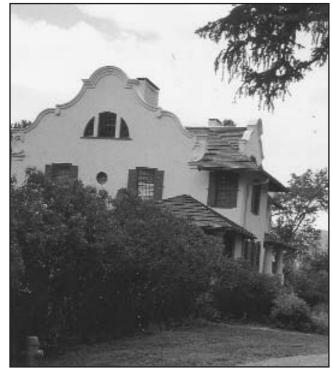
The Heritage Store has cold sarsaparilla and other drinks for sale, as well as old-fashioned candy and Victorian-era gifts and cards. Straw hats, wooden toys and slingshots are sold at the store. History books about local and Colorado history and games, cards and candles are sold.

Visitors can tour the ranch any day Wednesday through Sunday, or choose one of the special programs that highlight holidays and seasonal events, such as sheep-shearing or harvest.

A special old-fashioned Independence Day celebration is held at the ranch and is free for military families. Family Fourth features patriotic music, entertainment, carnival games (extra cost) and lawn games. Foods will be sold.

A living history presentation is set for July 12, from 10 a.m. to 4 p.m. History Interpreter Henry Crawford portrays a mountain man and fur trader of Colorado in the 1830s. The presentation will be in the American Indian Area.

A vintage baseball game, using 1860s rules, is set for Labor Day. Bring a blanket, sunscreen and a picnic lunch and enjoy an old fashioned



The Orchard House was built by Gen. William Palmer for his sister-in-law and her family.



Nathanael Taylor makes biscuits at the Galloway cabin at Rock Ledge Ranch.



History reenactors at the Galloway homestead prepare lunch on a fire in front of the cabin. Sara Benson demonstrates her stilt-walking skills.

baseball game. Hot dogs will be sold.

A harvest festival will be Oct. 4, from 10 a.m. until 3 p.m. Rock Ledge Ranch will be admission free for the harvest festival. Horse-drawn wagon rides will be available and fry bread, Navajo tacos, hot dogs and bratwurst will be sold.

"Oink to Oven" is set for Nov. 15, from 10 a.m. to 4 p.m. A demonstration of preparing hogs for the table will include meat processing and making soap.

Rock Ledge Ranch Holiday Evenings are set for Dec. 13 and 14, from 4 to 8 p.m. There'll be jingle-bell wagon rides, musical entertainment and lantern-light tours, as well as a barn dance and other Christmas festivities. Hot cider and other refreshments will be sold.

The biggest special event of the year is Sept. 12,13 and 14 — the annual folk art festival, one of the largest fairs in the area. Dealers and vendors from several states fill large tents with Christmas and holiday crafts; antiques; gifts, decorations and much more. Food vendors cook and serve popular fest food on the premises — funnel cakes; corn on the cob; steak sandwiches and more.

"The Buffalo Soldiers: African-American Enlisted Men in the American West" is a program set for July 12 at 7 p.m. Henry Crawford, curator of history at the Museum of Texas Tech University will display uniforms, equipment and horse gear used by the typical Buffalo Soldier.

"An Evening of Classic Cowboy Poetry" is Aug. 7 at 7 p.m.

"Sand Creek Massacre national Historic Site: Interpreting an American Tragedy," is set for Aug. 14 at 7 p.m.

"An Old-Time Music Extravaganza," features songs from the Santa Fe Trail and the battle-fields of the Civil War.

Reservations must be made for all free summer evening programs.

Birthdays may be celebrated at the ranch by reservation. Parties include admission to the ranch, old-fashioned refreshments and a horsedrawn wagon ride. Call the ranch at 578-6777.

Rock Ledge Ranch is open from June through Labor Day, Wednesday through Sunday, from 10 a.m. until 5 p.m. From Labor Day until Christmas, it is open from 10 a.m. until 4 p.m.



Visitors check out the Ute teepee in the American Indian historic site at Rock Ledge Ranch.

on Saturdays, and Sunday from noon until 4 p.m. Admission for adults is \$5; children ages 6 to 12 are charged \$1.

To reach Rock Ledge Ranch, from Fort Carson take Interstate 25 north to Garden of the Gods Road, heading west. Take a left on 30th Street, and follow the signs. The ranch is located next to the entrance to Garden of the Gods, across the street from the visitor center.

There's plenty of free parking.

Just the Facts

- Travel time 25 minutes
- For ages
- Types historic site
- Fun factor ★★★★ (Out of 5 stars)
- Wallet damage \$

\$ = Less than \$20

all

\$\$ = \$21 to \$40

\$\$\$ = \$41 to \$80

(Based on a family of four)



SpringSpree

The annual "Springspree" street fest is set for Saturday in downtown Colorado Springs, along Tejon Street, between Boulder and Vermijo. The fest runs from 9 a.m. to 8 p.m. and includes entertainment, music, exhibits and food vendors. There's no admission fee.

New space exhibit

The long-awaited Space Odyssey exhibit at the Denver Museum of Nature and Science is now open. The 13,000 square-foot exhibit has been years and \$17 million in the making. The remodeled planetarium is now open.

Rennaissance Festival

The annual Renaissance Festival at Larkspur runs through Aug. 3, Saturdays and Sundays only, rain or shine. Admission is \$15.95 for adults and \$8 for children 5 to 12 years of age. More information is available at www.coloradoarenaissance.com. July 5 and 6 is "Children's Weekend." Children are admitted free on those dates with a paying adult.

Ride the rails

The Royal Gorge Route Railroad has started it summer season. Trains run three times each day, at 9:30 a.m and 12:30 and 3:30 p.m. Tickets are \$26.95 for adults and \$16.50 for children. This year, for eight Saturdays a twilight dinner excursion at 7:30 p.m. is offered for \$69.95. Reservations are recommended, call (888) Rails-4U.

Stomp

Stomp, the popular group that makes noise into an art form, performs at the Pikes Peak Center, 190 S. Cascade July 15 to 20. Tickets start at \$28.50 and may be arranged at 520-7469.

Gem show

The Pikes Peak Gem and Mineral Show is June 28 and 29 at the Masonic Hall, 1150 Panorama Dr., from 10 a.m. to 5 p.m. Speakers, a special room for children, special exhibits and dealers will be featured. Call 632-9686 for information.

Pancake street breakfast

The annual Colorado Springs Street
Breakfast is set for July 16, from 5:30 a.m. to 10
a.m. The street breakfast of pancakes and the trimmings is served in the middle of Pikes Peak
Avenue, between Tejon and Nevada, a kickoff for the rodeo. Tickets are \$5 and may be purchased on site.

Pikes Peak or Bust Rodeo

The annual Pikes Peak or Bust Rodeo is Aug. 6 to 10 at the Colorado Springs World Arena. "Tanya Tucker in Concert" follows the Aug. 8 rodeo and "Rushlow in Concert" follows the Aug. 9 rodeo. Rodeo tickets include the concert, and are available at 576-2626.

Theater productions

"Lone Star," a comedy production, will be presented in the Fine Arts Center theater Satirdau amd Simdau amd June 27, 28 and 29 at 8 p.m. Tickets are \$18 in advance or \$20 at the door. Call the box office at 634-5583.

"The Patchwork Girl of Oz" is presented June 28 and 29 at 2 p.m. in the Fine Arts Center theater. This production is a sequel to the "Wonderful Wizard of Oz" and is presented by the Youth Repertory Theatre Workshop. Tickets are \$4 for children 12 and under and \$7.50 for those over 12. Call the box office at 634-5583 for tickets.

The Fine Art Center's Youth Repertory Theater Company presents "Les Miserables," school edition. All actors and singers are ages 13 through 19. Tickets are \$12 in advance or \$13 at the door. Performances are July 25 and 26 and 29 at 7 p.m. A 2 p.m. performance will be at July 27. Call 634-5581 for tickets.

Clayfest

The annual Clayfest and Mud Ball is in Soda Springs Park in Manitou Springs. The clayfest is from 10 a.m. to 4 p.m., followed by the Mudball from 7 to 9 p.m. in the park pavilion. Call 685-5045 for more information.

Springabouts

Manitou Springs hosts walking tours of the mineral springs in the city. The free walking tours are Tuesdays and Saturdays through Labor Day, at 9 a.m. Bring a cup for tasting the spring water. Call 685-5089 for information.

Race to the clouds

The 81st annual "Race to the Clouds," the Pikes Peak Hill Climb is set for June 28. The race begins at 9 a.m., but Pikes Peak Highway toll gate opens at 4 a.m. Get hill climb tickets for practices, qualifying runs and race day at King Soopers, World Arena box office or online at ppihc.com.

Santa's Workshop at the North Pole

Visitors bringing an empty Coke product can get a \$4 discount. Santa's Workshop at the North Pole observes Coca-Cola Family Fun Days through the end of June. The North Pole is by the entrance to the Pikes Peak Highway.

Denver Theater

"Footloose" is featured at the dinner theater at the Country Dinner Playhouse in south Denver, just off Interstate 25. The buffet begins at 6 p.m. and the performance follows. Tickets start at \$25.50. Call (303) 799-1410. The show runs through June 22.

"Cats" plays in the Buell Theater in downtown Denver June 17 to 22. With 8 p.m. performances and matinees Saturdays and Sundays. Call (800) 641-1222 for tickets which start at \$20.

42nd Street" is in Denver's Buell Theatre downtown June 24 through July 6. Tickets start at \$25; call 520-9090.

Denver events

Grammy winner Norah Jones is at Red Rocks Amphitheatre in the Denver area Aug. 15. Tickets are at Ticketmaster, 520-9090.

State Fair concerts

Concert tickets are for sale for the Colorado State Fair at Ticketmaster, 520-9090, and the State Fair Box Office. An appearance by Weird Al Yankovic opens the series Aug. 16. He's followed by Kellie Coffey and Gary Allan, and Pat Benatar and Neil Giraldo. Other performers are Rascal Flatts; Sawyer Brown; Last Man Standing; Lonestar; Jaci Velasquez; Tom Jones; 3 Doors Down and Chicago. Professional bull riders, super tough trucks, a demolition derby and amateur boxing are also on the agenda. A Charreada rodeo is at 5 p.m. Aug. 31.



Photo by Doug Rule

Mars explorer ...

At the Space Odyssey exhibit at the Denver Museum of Nature and Science, visitors can interact with a Mars explorer. The museum is in City Park, on North Colorado Boulevard. The exhibit opened last week.



Program Schedule for Fort Carson cable Channel 10, today to June 27.

Army Newswatch: includes stories on job fairs in Bagdad, the children's hospital in Kirkuk, Iran, and National Guard transformation. Airs at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Navy/Marine Corps News: includes stories on the Naval Academy graduation, the USS Harry S Truman and Marines at Kaneohe Bay, Hawaii. Airs at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Air Force News: includes stories on Operation Northern Watch completion, Air Force civil engineers in Bagdad, Iraq and the Secretary of the Air Force moves to Army (repeat). Airs at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at CommandInfo@carson.army.mil.

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit an e-mail or clean, typewritten copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913 or fax information to 526-1021 no later than the Friday before airing time.